

Inspiring 21st Century Learners

Newsletter

Term 3 Week 10 17 September 2013

Time flies when you're doing great work!

The old saying, time flies when you're having fun must mean it's been a fantastic term. When students were quizzed about how quickly this term has gone, almost all overwhelmingly agreed that it has flown by. We hope that you have a safe and refreshing holiday and enjoy your time together as a family.



Rainforest Regen...

Have a look at the great regeneration project which has been done in the school rainforest area. This minimally used rainforest area has been transformed into a safe and vibrant place for people to visit and conduct quality teaching and learning. it was a sensational example of how the P&C, school staff, students, community members, Landcare and Coles staff from Tweed Centro all came together to do something spectacular. Individual mention



needs to be made to Katrina Semple for her coordination of it all.

Naplan results delayed

ACARA have just notified NSW schools that an error in the placement of national markers on the Year 5 and 7 Language Conventions Test (student data is all correct). This means though the test results will be pushed back until the week beginning October 14. Thank you for your understanding!

Term 4 Dates and Public Holiday!

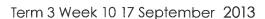
Term 4 will recommence on Tuesday 8 October 8, 2013. It is an eleven week term and students and staff both return on the Tuesday as Monday is the Labour Day public holiday. The last day of term for students will be Wednesday 18 December, 2013.

Public Speaking

The reports back from Maddison's, Amy's and Mia's efforts at the district Public Speaking finals were outstanding. The three girls represented Bilambil beautifully and Mia in particular was successful in earning an "Encouragement Award" from the judges in the Stage 3 division.

Scripture

This Friday will be the last class based Scripture lessons for the year. We are hopeful of a special Christmas assembly, but believe the trial of Scripture in all grades K-6 this year has been very successful. Students, staff and parents will be asked for their opinion on the value of Scripture in our school through our annual surveying in Term 4. Enourmous thanks go to the volunteer Scripture teachers who have worked diligently to create interesting and meaningful learning experiences for the students.





TERM 3 WEEK 10	
Wednesday 18th September	
Thursday 19th September	"Joffa" Toonschool Show AFL Gala Day Stage 2
Friday 20th September	Sushi Day Last Day of Term
TERM 4 WEEK 1	
Monday 7th October	Public Holiday
Tuesday 8th October	School Resumes School Assembly 9am School Banking
Wednesday 9th October	
Thursday 10th October	
Friday 11th October	
TERM 4 WEEK 2	
Monday 14th October	School Assembly 9am
Tuesday 15th October	School Banking

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We have recently had a couple of acts of vandalism to the school on the weekends. If you see anyone acting suspiciously in our school grounds outside of normal school hours, please call 1300 880 021. Thank you!

No Right Turn!

The photo below was recently sent through to the school from a parent who was disappointed to note that we still have some people not using the Kiss 'n' Drop area correctly. It is illegal, and more importantly, unsafe for people to turn right out of this area. We strongly urge all of our parents utililising this area to use the roundabout past the school to turn around before heading back up the hill.



STUDENT OF THE WEEK			
	Week 9	Week 10	
KJ	Daikin P	Luka C	
KP	Summer B	Tia B	
1B	Ethan S	Harlon J	
1/2H	Ella C	Kegan D	
2L	Tiani B	Jascha R	
3M	Tahlia H	Brady B	
3/4B	Ashley H	Sarah-Jane M	
4\$	Chane A	Stella R	
5/6B	Daniel C	Alyssa T	
5/6C	Chloe B	Tom W	
5/6\$	Amber B	Erin B	
Principal	Alli B		
Library		Sage M	
RFF		Oskar M	

STUDENT ACHIEVEMENT AWARDS - BRONZE

Term	KP	Tia B, Phoebe B, Cooper M, Ceian S, Zac T
3 Weeks	1/2H	Jack L
9 & 10	2L	Tommy B, Jacob D, Alyssa H, Trixie M, Elyse R
	3M	Ty B, Connor C, Nicholas C
	3/4B	Seth B, Ashley H, Kai M, Indi V
	4 S	Jayden A, Landon R

STUDENT ACHIEVEMENT AWARDS - SILVER

2L	Maddison M, Jade W
3M	Tahlia H, Bailey J
3/4B	Amelie H, Zahli M, Oliver P
4 S	Georgia-Kate H, Kiarni K
5/6B	Alli B, Cody C, Sage M
5/6C	Jasmine L, Georgie M, Hannah W, Tom W

STUDENT ACHIEVEMENT AWARDS -GOLD

3M Angus P

4S Stella R, Amy R, Emily T

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Fruit and Veg Month

Newsletter

After our delicious taste of different fruits including some amazing new season mangoes and juicy ripe strawberries, today we have switched to vegetables. These were accompanied by an avocado dip to further tempt our taste buds. Next week will be our final tasting day. On Friday morning, the whole school will be heading over to the Jets ground for a fun sport and games morning, run by our Stage 3 students. All students are asked to come dressed in the colour of their favourite fruit or vegetable. At the end of our activities, we will enjoy our last fruit treat for Fruit and Veg Month.

It has been lots of fun for the staff getting together and cutting up the produce each Friday morning and then very rewarding to hear the excitement and anticipation in the voices of our classes as we share our platters. Some students tried fruits for the first time and discovered that they loved them!

Many thanks must go to Mrs Brazel for initiating this project, Mrs Ballarin, for ordering and picking up boxes and boxes each Friday morning and to the staff for their enthusiastic participation. We also need to thank Juddy's in Machinery Drive for supplying our fruit and veg at a very reasonable price.



Premier's Spelling Bee

Earlier this term, Stage 2 and 3 students participated in the Premier's Spelling Bee. In the competition, students were asked to say and spell words aloud. After each round, those students who had spelt their word correctly, remained in the competition and progressed to the next round. The words increased in difficulty with each round. Well done to all the students who participated. We would like to congratulate the Stage 2 winners: Amy R and Lucy M and the Stage 3 winners: Erin B and Kiana J. These girls will represent our school at the Regional Final this week at Ocean Shores Public School and we wish them good luck!

Paralysis Ticks

We have recently had a student pick up a "paralysis tick" from our playground. Whist these are quitre common, it is important that parents are aware to keep an eye on their children and act appropriately if one is spotted. Current Area Health recommendations are as follows:

Where are ticks found?

There are many species of tick in Australia. The most common tick in New South Wales is the paralysis tick, which is found along the State's eastern coastal strip and inland for about 30 kilometres.

As the majority of the population also lives along the coast, encounters with this tick can be frequent.

Ticks, like many insects, occur in humid, moist bushy areas. Eggs are typically layed in leaf matter or mulch. Ticks are not very mobile but rely on passing animals to both feed on and transport them.

Ticks may appear to drop onto clothing after brushing past bushes or trees or may fall from overhanging branches, especially around clothes lines.

How can ticks affect humans?

Ticks inject a toxin that may cause local irritation or a mild allergic reaction, however most tick bites cause little or no symptons. In some cases however ticks can pose a serious threat to human health.

Ticks cannot be removed by school personnell.

Parents to remove the tick as soon as possible after locating it. Use fine pointed tweezers and grasp the tick as close to the skin as possible. Gently pull the tick straight out with steady pressure. Aviod squeezing the body of the tick during removal. If you have difficulties seek medical attention. Do not try to kill the tick with methylated spirits or any other chemicals. This will cause the tick to inject more toxins.













Our day at Movie World

Yesterday Stage 1 went to Movie World as part of our unit on "Heroes".

First, we had to wake up at 6:00 and it was painful and we left at 7:15. We got there at 8:30 AM. When we got there it was burning hot. We had to wait in the sun for 10 minutes. All the kids were boiling hot and then we finally got through the gates.

The first thing we did was go to a show called, "Lights, Camera, Action". It was a special show that only we got to see. We met some actors including Chris, Tanya and Robert. Then Tanya gave Markus a makeover like a pirate and Robert gave Katie a fake bruise and it looked like an actual bruise. Chis told us his characters where Shagy in Scooby Doo and Bat man.

After that, we saw lots characters. We saw Lola Bunny, Bugs Bunny, Daffy Duck and Selvester. Tweedy Bird pushed Livinia and Taji out of the way. We got a picture with Daffy Duck, Wonder Women and Bat Man. We didn't see the Joker which was disappointing.

We also went to the Stunt Driver Show. We got to see a funny man called Marty make a lot of funny things happen. We saw lots of cool driving and a car got shot in half. At the end there was a big fireball.

We also went to see the Iceage 4D movie. It was great when the seats went up and down. There were also sprays of water throughout the movie. One was when the dinosaur sneezed at Sid the sloth. It was disgusting.

Finally we went on rides. The main ride we went on was "The Road Runner Rollercoaster". We went on it 2-3 times and it was so fun. On the first time some people were scared.

By Taji, Livinia and Zak







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17 September 2013

URGENT REMINDER

JOFFA TOONSCHOOL "MEETING CHALLENGES, ACHIEVING GOALS"

Dear Parents / Carers,

Bilambil Public School is pleased to offer an exciting opportunity for students to attend a Cartooning Workshop run by award winning Cartoonist / Author Jeff "Joffa" Taylor.

The workshops will be conducted in Stage groups on Thursday 19th September in the school hall. They will provide lots of opportunity for each child to individually engage in practical, hands on activities in the areas of drawing and cartooning.

We are excited to offer this experience to our students but understand the busy time that we are currently experiencing towards the end of term with a number of other commitments and opportunities that parents and carers have been presented with. We also understand the many financial requirements families face but believe this will be a thoroughly worthwhile experience for your child.

Please read the enclosed flyer, fill in the attached permission note and return it to school with \$7.00 as soon as possible to participate in this innovative and exciting event.

Jarrod Menin Assistant Principal	Julian Mostert Principal		
Bilambil PUBLIC	OONSCHOOL		
I give permission for my child participate in Joffa's Toonschool to be held at \$7.00 to pay for the travelling show.	of Classto BPS on Thursday 19 th September, 2013. I enclose		
Signed:	Date:		





Conducted by popular, award winning Cartoonist/ Author - Illustrator, Jeff "Joffa" Taylor, these innovative workshops have proven to be highly successful in providing students with a deeper understanding of the importance of School and Community Values, whilst enhancing individual skills and confidence.

TOONSCHOOL also excels in the area of Student Personal Development and Achievement of Short and Long Term goals.

THESE HIGHLY EFFECTIVE SESSIONS ASSIST IN:

- Raising self confidence and self esteem
- Encouraging creativity and lateral thinking.
- Promoting self expression Increasing communication and listening skills.

New Visual Identity for P&C!

The P&C Association Inc. would like to officially launch its new Visual Identity to the Bilambil Community. With the help of a very talented Graphic Design Artist, Kylie Burns we are excited to introduce our fresh modern look; which I am sure you will agree combines well with the schools new identity brand. We are also excited to announce that we now have our own Facebook Page and email address so everyone can be kept up to date with events happening within and around the school. We believe that our school community will enjoy our new bright, dynamic and fresh new design.



e: bilambilschoolp.c@gmail.com f: bilambilschool.pc/facebook.com

Canteen News!

Sushi Friday – Friday 20 September, 2013

As a result of the last Sushi Friday being so popular, the canteen has decided to introduce Sushi Friday on a regular basis and it will be available on the last Friday of each month. Please find enclosed in this Newsletter a Canteen Menu with the Sushi Menu on the opposite side. All Sushi Rolls are \$2.50 each and please place your child's order on a lunch bag, children place their lunch basket as per normal practice.

Fundraising

fundraiser to go ahead.

REMINDER BILAMBIL P&C FAMILY PHOTO FUNDRAISER

This year we are having our photos taken by the awesome Julie Willis Photography. Many of you are already familiar with Julie's work. Is it time to update your family photos? Or maybe you have been meaning to have it done professionally, but just haven't gotten around to it. Details were sent home recently.

To pay and order online go to www.juliewillisphotography.com.au Click on the Fundraiser tab at the top of the page, then click on Buy Now button and complete the online form It is really easy!

You can also pay \$55.00 cash direct to our school office. Please fill out the details below. (Cash must be paid with this form to secure your photo session time slot).

Surname: ______ Given Name: ______ Child's Name/s: _____ Email: ______ Mobile: _____ [please note we cannot guarantee timeslots).

AM or PM Timeslot: _____ (please note we cannot guarantee timeslots).

Get in quickly to secure your preferred timeslot! We will contact you to confirm your timeslot once we receive this form with payment. Please note a minimum of 20 photo session bookings are required for



Inspiring 21st Century Learners

Give it a go at Tweed Valley Big Bash Cricket Launch

Girls & Boys
8-10yrs

Conne & Alberta Chicket Club

Conne & Chicket Club

Sunday 22^{tht} September 2013 9am-1pm
at Tweed Indoor Sports & Community Centre - Chinderah Bay Drive Chinderah

To glay in the Tweed Valley Big Blash 2013-2014 sews on contact a Cricket Club near you'

Cudgen Junior Cricket Club - Surve Zinhell Zinhell

Rachel Hetherington

GOLF FOR JUNIORS

A free Give Golf A Go Clinic for all juniors wanting to try golf for the

first time.

Sunday 29 September from 9-11 am @ The Rachel Hetherington Golf Range.

Golf Clubs and Balls supplied. All you need to bring is a hat, sunscreen and water!

Free Healthy Lifestyle Program for Kids!



Healthy - Active - Happy - Kids

Do you have children 6.5 to 13 years old? Are you worried about their weight?

Go4Fun programs run for 10 weeks after school hours. Sessions are fun, interactive and help kids build their fitness and motivation!

'Registrations for Term 4 are now open for:

TWEED HEADS

4— 6pm on Tuesdays & Thursdays
Starts 15 October





To book or find out more, call: (02) 6620 7504

Term 3 Week 10 17 September 2013



If you see trespassers in the school grounds out of school hours please call to school security.

> 1300 880 021 24 hours

FREE MATHS APP

Build your child's rapid fire maths skills by going to www.edalive.com and follow the prompts. Ultimate Maths Invaders taches students aged 5-15 years all their tables and number facts while building mental maths ability. Ultimate maths Invaders will support all students at whatever stage of the mathematical learning that they are at.



B1's App of the Month

Kids Math

FREE

At App Store

Excellent for basic skills in Math







CANTEEN OPENS MONDAY - FRIDAY for BREAKFAST, RECESS & LUNCH



Effective from August 2013

Children must come to the counter to buy their little lunch/recess. When ordering, please write child's name and their class on the lunch bag. Please put correct description, prices and total. If your child leaves their lunch at home, you can ring an order through before 11:00 am phone 07 5590 7210

Breakfast	Price	Cold Lunches - Sandwiches/bread rolls/bowls	Price
Juice per cup (apple/orange) Plain milk per cup Warm Milo Toast per slice	\$0.30 \$0.30 \$0.50 \$0.10	Salad only (tomato, lettuce, beetroot, carrot) Cheese Egg Egg & lettuce	\$3.00 \$1.50 \$2.20 \$2.30
(vegemite/honey/jam)			\$0.50
Recess		Egg & salad Ham or chicken Ham or chicken with salad	\$3.50 \$2.50 \$3.70
Chicken wedge Mini sausage roll Pizza slice (Ham & cheese/BBQ	\$0.60 \$0.70 \$0.60	Spaghetti or baked beans Vegemite	\$2.20 \$1.30
beef)	φ0.00		
Party pie	\$0.90	*Extras*	
Yummy drummy	\$0.90	Toasted	\$0.10
Mini hotdog	\$0.80	Cheese	\$0.30
Garlic Bread	\$0.15	Tomato	\$0.30
		Bread rolls	\$0.30
Snacks	\$0.50	Hot Lunches	
Popcorn Potato Sticks	\$0.30 \$1.00	noi toliches	
Liquorice (red/black)	\$0.30	Corn cob	\$0.50
Muffins	\$0.20	Chicken & gravy roll	\$3.00
Ovalteenies	\$1.00	Chicken burger (lettuce, tomato, mayo)	\$3.50
Vege chips (BBQ/sweet N sour)	\$0.90	Chicken wedge	\$0.60
Hello panda	\$0.60	Fillet of fish	\$1.80
Noodle snacks	\$0.50	Fish burger (lettuce, mayo)	\$3.50
Frozen Items Lunch Time Only	•	Lasagne	\$4.50
Frozen oranges	\$0.10	Party pie	\$0.90
Frozen yogurt	\$1.60	Large Meat pie	\$4.00
Ice block(99% juice)	\$0.40	Pizza slice (ham & cheese/BBQ beef/ ham, Pineapple and cheese)	\$0.60
Drinks		Large sausage roll Mini sausage roll	\$2.80 \$0.70
Bottled spring water 600ml	\$1.00	Yummy drummy	\$0.90
Flavoured milk 300ml (choc &	\$1.80	Spaghetti Bolognaise	\$4.40
strawberry)	A	Hamburger (Lettuce, Tomato, Sauce)	\$3.50
Playwater (grape, lemonade, raspberry, fruit tingle)	\$1.60	Potato Wedges (Optional Sour Cream/Chilli Sauce)	\$1.50
Juice (apple, orange)	\$1.20	Sauce Portion	\$0.10

LUNCH BAGS 10c IF NOT SUPPLIED

VOLUNTEERS ALWAYS WELCOME. PLEASE DROP IN OR CALL SCHOOL IF YOU CAN HELP.



P&C Canteen Sushi Day

Last Friday of every month



All rolls are \$2.50 each.

Please note orders must be written up on a paper lunch bag.

Sushi Rolls

Chicken Teriyaki
Crumbed Chicken with curry
Chicken & Avocado
Chicken Karaage & Lettuce
Tuna Roll
Tuna & Avocado
Tuna & Cucumber
King Prawn Salad
Prawn Tempura
Prawn Tempura Sweet Chilli
Salmon & Avocado
Salmon & Cream Cheese
California Roll

Vegetarian Rolls

Vegetarian Tempura Salad Roll Tofu Salad Roll Brown rice & Shitake Inari Sushi Sundried tomato, Cream Cheese & Avocado

Rice Paper Rolls

Teriyaki Chicken & Vegetable Prawn & Salad Vegetarian

INSIGHTS

by Michael Grose - Australia's leading parenting educator



Do less, not more, for your kids

With school-aged children we can find ourselves making lunches, getting kids out of bed and cleaning out schoolbags rather than giving these basic tasks of living over to them.

The basic task of parenting, whether you have a two year old or a twenty-two year old, is to work yourself out of a job at the first cossible chance.

REDUNDANCY should be the aim of the game! We never become redundant in a relationship sense - the emotional between our children and us is never severed.

In a practical, physical way we need to make children less, rather than more, reliant on us,

Developing independence is really about stepping back to allow children in. Doing less rather than more!

We develop greater independence in our kids one job at a time.

Recently I gave my 22 year old son a job that I had been doing for a while He lives in North America and I had taken on the job of being the connector between him and one of his sisters, who lives in the UK. It had been my job to pass messages on between the two via telephone and emails. I would update each of them about how the other sibling was going.

Frustrated being the go-between I made sure he had contact details and let him know that it was his job, not my job, to connect with his

We easily take on children's responsibilities

It is easy as parents to take on the jobs and responsibilities that really should belong to our children. With toddlers it is so easy to dress, feed and clean up after them rather than give these jobs over to them,

With school-aged children we can find ourselves making lunches getting kids out of bed and cleaning out schoolbags rather than giving these basic tasks of living over to them.

And as I discovered, it is easy to still do the basics of life for adult-aged children.

TIP NO. 1 for developing independence:

Be clear about who owns jobs or tasks in your family and never take on a child's job, or part of a task, unless there is extenuating circumstances such as illness.

A mother I met recently is very clear on who does what in her home. It is her job to wash the clothes of her early teenage children but it is their job to place them in the washing basket. She doesn't check bedrooms as it is not her job to place kids' clothes in the washing

Okay. I can hear your thought processes. Sounds good but what happens if kids don't give a toss and they don't mind being dirty.

Good point. In this case, this mum has a son who is, to say the least, fairly slack in the area of hygiene. But she didn't become overly fussed about that.

She certainly didn't get fussed when he played a game of football in the wet, muddy jumper that lay in his sports bag for a week. And she happily showed him how to work the washing machine when he wanted his favourite shirt (that he forgot to put in the washing basket) to be washed for a special night out.

TIP NO. 2 for developing independence:

Never be more worried about a child's job than they are, otherwise it becomes your job, not theirs,

This mum remained very clear that it was her job to wash the clothes but not to place them in the washing basket. She would remind kids about washing night, but never nag them to put clothes in the basket. She knows that as soon as she keeps reminding them, it becomes HER job rather than her children's job to put the washing in the clothes

The school holidays provides a good opportunity to reflect on the whole notion of job-sharing. It's also a good time for kids to increase their job load when they are not burdened with schoolwork and extracurricular activities.

Here's my challenge for you: Think of a job that you regularly do for your child that he or she can do for him or herself. Then step back and enable your child to do that for themselves on a full-time basis, Do less not more for your kids.

If you do that, then you can congratulate yourself as you have moved one step more toward REDUNDANCY.

Published by Michael Grose Presentations. All rights reserved. For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au







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Elisabeth Baetz Aqua Fitness Instructor



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