

## SURF GROMS HAS STUDENTS BUZZING WITH EXCITEMENT!



On Friday week 2 students participated in the first surf groms session for sport. Even though the bus was late we eventually arrived and the fun began. Students learned about safety issues and practised using surfboards in a fun, safe and controlled environment. Lessons will continue weekly until week 9 of Term 4.



Lets go surfs up!

## IT'S ON IT'S WAY! BILAMBIL'S GOT STYLE!

Once again our school will be performing together to create a spectacular end of year concert, to showcase our student's talents! As in previous years, each class will be performing an item as well as some other groups like the band and choirs in a combined concert. Each class are responsible for their item and parents/carers will receive a list informing them you of costumes needed soon, if they haven't already received one. The show will be on Wednesday 11th December - definitely a date to note in your diary! It will run as per last year, with 2 daytime performances, running for approximately 1-2 hours. Stay tuned for further information as we draw closer to the event.

## TERM 4 CALENDAR

A busy time ahead for parents, carers and students, please make note of the following important dates.

TERM 4 WEEK 4	
Friday 1st November	BBQ Brekky Mufti Day "GREEN" theme Surf Groms Funky Beat Dance
TERM 4 WEEK 5	
Monday 4th November	SCHOOL ASSEMBLY 2014 Kinder Early Birds Program 12 - 1 pm
Tuesday 5th November	SCHOOL BANKING
Wednesday 6th November	School Swimming Program
Thursday 7th November	School Swimming Program
Friday 8th November	School Swimming Program Surf Groms Interrelate Yr 5 & 6 Funky Beat Dance
TERM 4 WEEK 6	
Wednesday 13th November	School Swimming Program
Thursday 14th November	School Swimming Program 3/4B Assembly 1.30pm
Friday 15th November	School Swimming Program Surf Groms Interrelate Yr 5 & 6 Funky Beat Dance
TERM 4 WEEK 7	
Friday 22nd November	Surf Groms Interrelate Yr 5 & 6 Funky Beat Dance SRC Mufti Day -Bandanna
TERM 4 WEEK 8	
Friday 29th November	Surf Groms Interrelate Yr 5 & 6 Funky Beat Dance Canteen Sushi Day
TERM 4 WEEK 9	
Wednesday 4th December	P&C Disco
Friday 6th December	Surf Groms Funky Beat Dance
TERM 4 WEEK 10	

Wednesday 11th December	Bilambil Talent Show
Friday 13th December	Presentation Day Reports Home Canteen Sushi Day
TERM 4 WEEK 11	
Monday 16th December	Gold Award Day
Tuesday 17th December	Year 6 Farewell Class Party's
Wednesday 18th December	Last Day for Students
Thursday 19th December	Pupil Free Day
Friday 20th December	Pupil Free Day

## GIRLS IN SPORT

Congratulations to Jade H who is the current 11 years Far North Coast Age Champion. This means in the whole of the Far North Coast she is the number one girl athlete in her age group. A huge achievement!

In the final week of the school holidays Kayla H sat an exam for refereeing and is now a Level 1 referee for Touch Football. A fine achievement Kayla. Congratulations!



## BAND MEMBERS

Thank you to the band members who have already paid their band fees, it would be appreciated if these fees could be finalised ASAP.

## Parents/Carers

If you believe that your circumstances may change in 2014 and your children will not be attending Bilambil Public School in 2014, please let us know so that we can best plan for next year.



STUDENT OF THE WEEK		
	Week 3	Week 4
<b>KJ</b>	Sunny G, Sikari K	Adriana R
<b>KP</b>	Maya H	Priya H
<b>1B</b>	Anakin S	Ethan S
<b>1/2H</b>	Siyah B	Zak P
<b>2L</b>	Will D, Kade R	Thomas H
<b>3M</b>	Milly D	Joshua C
<b>3/4B</b>	Amelie H	Kian G
<b>4S</b>	Flynn	Zeph B
<b>5/6B</b>	Alli B	Sunny C
<b>5/6C</b>	Erza H	Riley H
<b>5/6S</b>	Marshal G	Jake C
<b>Principal</b>	Marshal G	Hannah W
<b>Library</b>		
<b>RFF</b>	Jascha R	

## ICAS - Bilambil Students achieve some great results.

Every year Primary students have an opportunity to participate in the International Competitions and Assessments for Schools. These are tests that cover Spelling, Writing, English, Mathematics, Science and Computer Skills. Students select the tests they want to sit for and receive certificates and comprehensive written performance feedback. We are very pleased with the number of students who elected to participate.

Special mention must be made to those students who gained Credits, placing them in the top 30% of the state. Lauren C (Science and Writing) Lucy M, (Writing), Kaycee W (Spelling), Xalia S (Science), Beau J (Spelling) and Drew M (Mathematics).

Congratulations to Lucy M who also achieved a Distinction in Spelling, placing her in the top 3% and in Writing, she placed in the top 2% of the state. Kaycee W scored in the top 2% for Computer Skills, also earning a Distinction.

## ANNUAL SCHOOL SURVEY 2013

Thank you to all the parents/carrers who have already returned the survey. The School Planning Committee would greatly appreciate the return of all surveys ASAP.

### STUDENT ACHIEVEMENT AWARDS - BRONZE

Term 4	KJ	Kirrah-Lily B, Luka C, Jackson C, Sunny G, Thomas G, Aston H, Charlee K, Shelley L., Daikin P, Zac S, Jennifer W
Week 3 & 4	1B	Kalani G
	2L	Tahitia F, Thomas H
	3M	Nathan H, Brodie W
	5/6B	Sunny C
	5/6S	Grayson P

### STUDENT ACHIEVEMENT AWARDS - SILVER

1B	Darren H, Taya J, Chaya M, Oliver O, Anakin S
1/2H	Siyah B, James F, Deaglan J, Kyane C, Zoe D, Markus G
3M	Felicia D
3/4B	Brianna O' Jasmin R, Jacob T, Madison T, Xalia S
5/6B	Rory A
5/6C	Chloe B, Harlen E, Cate H, Jamie S
5/6S	Rhiannon J, Lucy K, Tyrone O

### STUDENT ACHIEVEMENT AWARDS -GOLD

2L	Aiden C, Jack R
3M	Lilly C
3/4B	Erin C
4S	Samara B, Jake C, Eliza H, Mackenzie J, Jade M
5/6C	Kara P
5/6S	Kenzie S, Zoe T

## Bandanna Day

Starting this week, the SRC will be selling Bandanna's and Pens to raise money for CANTEEN (Kids with Cancer). This is in preparation for our Bandanna Mufti Day on Friday 22nd November, 2013.

On the mufti day, children who have purchased a bandanna or pen can come in mufti. Other children can bring a gold coin donation on the day.

Bandannas are \$4.00 and Pens \$3.00.

## WOW! BIG WEEK FOR THE GREEN THUMBS

It has been an exciting week for the Green Thumbs! We arrived at school on Monday morning to find that over the weekend, two permanent vegetable garden frames had been created in the bottom playground. A huge thank you to James Brassel, Dad of Tiani and Asha in Stage 1, who has done an amazing job building our gardens! Now all we need is some soil and we can start planting. We are running a raffle to raise money to replace our Lyn Lee rainforest sign and we are hoping that we will have some money left over to fund the purchase of the soil. There are 3 fantastic prizes- a \$100 Bunnings voucher, a Tupperware pack that is ideal for the new school year and a Garden Kit suitable for a child. Tickets are available from the office for \$1.00 each, or for the bargain price of 3 for \$2.00 Books of 10 tickets are also available. You have to be in it to



win it. Some of the seeds we have collected in the rainforest have also started shooting, so we will have some very healthy young trees to sell at next year's fete. The vegetable seedlings we planted earlier in the semester have already provided us with some produce.

If anyone is interested in selling raffle tickets to family and friends there are books available at the office.

**GREEN THUMBS MUFTI DAY - "Green theme" This Friday 1st November, 2013**  
**Gold coin donation, remember to go "GREEN".**



## BBQ Breakfast

A big thank you to all the parents who filled in the RSVP slip that was due in last Friday indicating numbers for our BBQ Breakfast to be held this Friday, 1st November, 2013 at 7.30am in the COLA.

This will provide parents the opportunity to have an informal chat with their child's class teacher/s about their progress over a bacon and egg roll.

If you have not responded but would still like to attend, please let the front office know no later than Wednesday 30th October, 2013 as numbers need to be finalised for catering and organisational purposes.





## Wow look who has been visiting KJ and KP!

Kindergarten is currently doing a unit of work with their Teddy Bears and lots of great books. At the end of November we will be enjoying a picnic with their teddy's to celebrate our good work.

A huge thank you to Mrs Brickwood for the awesome paintings on our windows.

## Early Birds Program 2013

Early birds commenced last Monday, 28th October, 2013 with a fantastic roll-up of mums and incoming Kindergarten children for 2014.

The children participated in activities in the classroom while parents attended a workshop with Ms Butler who spoke about strategies to assist children with Literacy and early school behavioural changes. Mr Menin worked with the parent group yesterday to explain the school's strategies and expectations concerning student welfare. He also clarified our school focus for 2014 around (PBL) positive behaviour for learning. Ms Butler will offer Numeracy strategies and ideas in our next session on Monday, 4th November, 2013

We look forward to seeing all our incoming kindergarten children at the final session next week. It begins at 12 o'clock (NSW time). For further information please contact the school.



## OUR EXPERIENCE AT BAND CAMP IN COFFS HARBOUR

On Wednesday the 16th of October, 2013 along with Amy R, Kacee-Jane W, Shiana L, Talia L, Georgie M and Anna M travelled down to Coffs Harbour to represent the school with around thirty children, from about seven different schools at the Northern NSW Band Camp. In the time space of 2 days we created a band and performed four different items the following day.

We performed very difficult and complex items which the conductor said he would normally teach to advanced high school students and university students. The items we played were named Seafarers Hymn, the Colonel Bogey, Shine and Smoke on the Water. We made some new friends named Dominique and Kaitlin.

We learned loads of stuff and have all improved a lot! We all think it was a great experience and that it was definitely worth the four hour car trip.

By Georgie M and Anna M



## TAKE HOME A BIG BROTHER OR BIG SISTER

Give your children the wonderful opportunity to have an international big brother or big sister by volunteering to host one of our exceptional international students. These students arrive in February 2014 for 3, 5 or 10 month programs in Australia. Our international students from France, Germany, Italy, Austria, Finland, Canada, U.S.A, Colombia, Mexico and Japan will live as a local, attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at [www.scce.com.au](http://www.scce.com.au), email [scceaust@scce.com.au](mailto:scceaust@scce.com.au) or call us toll free on 1800 500 501 to request our international student profiles, and capture the spirit of family and friendship!

## INTERRELATE PROGRAM STAGE 3

On Fridays in Wk 6 - 9 Stage Three will be participating in a Personal Development Program run by Interrelate.

Permission notes have already gone home and it would be great to see all of the students in Stage Three involved in this worthwhile activity. If parents/carers have any questions about the program, please contact Jarrod Menin.

## PCYC HALLOWEEN DISCO

Halloween Disco at Tweed Heads PCYC on Friday 1st November from 6.30 – 8.30 pm, ages 7 -12, only \$5, ph 07 5599 1714. Plus other great activities available – gymnastics, dance, martial arts & more.

## P&C UNIFORM SURVEY

A friendly reminder - please don't forget to return the Uniform Survey.



# INSIGHTS

by Michael Grose – No. 1 parenting educator



## Why finishing 4th beats winning

*We all love to see our kids be successful. But maybe it's their struggles rather than their wins that will set them up for future success.*

Everyone wants to win. We want it for ourselves.  
We want it even more for our kids.

It's great to see the smile of satisfaction on a child's face after winning a game, a race or finishing on top of the pile in any endeavour.

Winning feels good. It means they're doing well.  
It's equated with **success**.

It's a good habit to develop ... *or so the theory goes.*

But winning is just one part of the story.

**Not finishing first carries emotion too, though it's not necessarily positive.**

It's good for kids to experience disappointment, annoyance and frustration just as it's good for them to experience positive emotions.

It's good to learn when you are young that **bad feelings happen, but they don't last**. This is a valuable life lesson.

Not winning also teaches kids that there is a link between success and effort. It teaches them that perseverance pays off eventually.

Helping kids to accept setbacks and unpleasant emotions, rather than blocking them out, is *the key to building their resilience*.

### What about the child who never wins?

Some children seem to never win, or hardly ever do. A friend has a child who always seems to have 4th place sewn up in any race – just missing a ribbon – unless he is trying to get into a four person relay team, in which case he finishes 5th.

As a caring parent my friend works hard keeping her son's chin up year after year. And that's what she has to do. I suspect her son will learn the value of struggle. But it will pay off in his adult life when he understands that persistence is a fabulous asset.



So if you have a child who continually comes 4th (figuratively as well as literally) here are some strategies you can focus on:

- 1. Encourage liberally:** Stanford University professor Carol Dweck (who has written a great deal on this very topic) encourages parents to use process praises: "You used smart strategies", "You worked hard on that one", "You thought long and hard to work that problem out". She says this helps kids value effort and work for longer-term results.
- 2. Focus on struggles, not just on victories:** Your focus as a parent reveals your values. If you value effort and struggle then you need to be on the lookout for these so you can applaud them. If winning is all you value, then you'll only focus on that. There is a **choice** here.
- 3. Share stories of struggle and overcoming adversity:** Whether it's stories from your own life (kids love to hear about when their parents struggled) or stories from public news and sport, inspire and encourage your kids with the narratives of the struggles of others.

It's easy as a parent to get caught in the winning trap. We sometimes just get carried along with the hype.

But maybe, just maybe, finishing 4th is better for kids in the long term than always being a winner.

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