



# Bilambil Canteen

Effective from 21 May 2018

## Sushi Every Monday

All rolls \$3.00

### Sushi Rolls

- Chicken Teriyaki
- Crumbed Chicken with curry
- Chicken & Avocado
- Chicken Karaage & Lettuce
- Tuna Roll
- Tuna & Avocado
- Tuna & Cucumber
- King Prawn Salad
- Prawn Tempura
- Prawn Tempura & Sweet Chilli
- Salmon & Avocado
- Salmon & Cream Cheese
- California Roll

### Vegetarian Rolls

- Vegetarian Tempura
- Salad Roll
- Tofu Salad Roll
- Brown Rice & Shitake
- Inari Sushi
- Sundried Tomato, Cream Cheese & Avo

### Rice Paper Rolls

- Teriyaki Chicken & Vegetable
- Prawn & Salad
- Vegetarian

# CANTEEN OPERATING DAYS

## Brekkie Club & Recess

Everyday

### Lunch

Monday

Wednesday

Friday

## VOLUNTEERS NEEDED !!

8.30 - 9.00am	BREAKFAST CLUB
9.00 - 11.30am	RECESS SHIFT
11.30am - 2.00pm	LUNCH SHIFT

Our Canteen relies on volunteers to run smoothly.

We would love if you are able to add your name to the canteen roster once a week, month or term.

- Full training provided.
- PC dollars and lunch provided to volunteers.
- \$5.00 Canteen credit towards your child's lunch on the day you attend.

Please email Danelle our Canteen Manager, if you can assist in any way.

[bilambilschoolcanteen@pandcaffiliate.org.au](mailto:bilambilschoolcanteen@pandcaffiliate.org.au)

As per P&C Policy, the canteen is unable to offer credit, so to save embarrassment please do not ask.

Any student with not enough or no money in their orders will be referred to the office.



**Please note orders must be written on a lunch bag (10c each if not supplied)**

## HOW to ORDER

**Recess:** Order at window, selection changes daily.

**Lunch:** Limited window food, please place lunch orders in school baskets.



Please note: Frozen food (Ice blocks etc) are not to be ordered in lunch bags and are only available at the window during the lunch period.

### Lunch Order

- Please write child's name and class on a clean paper bag. You can buy packets from your supermarket or we have bags available for 10 cents at the Canteen.
- Please put correct description, prices and total.
- Lunch orders must be in by 11.00am
- If your child leaves their lunch at home, you can ring through an order on 5590 7210

### BREAKFAST

Juice 100% per cup	\$0.50
Plain Milk per cup	\$0.60
Milo per cup	\$1.00
Toast per slice (vegemite/honey/jam)	\$0.30
Apple Slinky	\$0.60
Cereal or Toasted Muesli with milk	\$1.00
Bilambil Breaky Muffins (Ham, cheese & egg on a wholemeal muffin)	\$1.50
Bilambil Brekky Burrito's (Ham, cheese & scrambled eggs on a wholemeal wrap)	\$1.00

### RECESS – specials vary at window daily

❖ Fruit juice jelly cup <b>GF</b>	\$0.80
❖ Vegetable & dip cups <b>GF</b>	\$0.80
Yoghurt & fruit cups <b>GF</b>	\$1.00
Fruit salad cups <b>GF</b>	\$1.00
Piece of fruit (seasonal)	\$0.60
Chicken Nugget	\$0.90
Party Pie	\$1.20
❖ Sausage Roll (Beef & Veg/Spin & Cheese)	\$1.20
❖ Pizza Slice (Ham & Pineapple, BBQ Beef or Ham)	\$1.50
Popcorn <b>GF</b>	\$1.00
Vege Chips <b>GF</b>	\$1.50

### DRINKS

Milk 250ml <b>GF</b> (Chocolate/Strawberry)	\$2.00
Fruit Juice Popper (100% juice) (Apple/ Orange/Apple & Blackcurrant)	\$1.50
Bottled Water	\$1.00
❖ Fruit Smoothie <b>GF</b> (Banana Blast, Tasty Tropical or Berry Blitz)	\$1.50

Gluten free, vegetarian and vegan options available.

Please indicate clearly on lunch order if needed.

### COLD LUNCHES

#### Wholemeal Sandwiches

Salad (tomato, lettuce, beetroot, cucumber and carrot)	\$4.00
Cheese (2 slices)	\$2.00
Vegemite/Jam or Honey	\$2.00
Egg/Ham/Chicken or Tuna	\$3.50
Mini wrap option available	\$3.00

### EXTRAS

Cheese (2 slices)	\$0.40
Wholemeal Wraps	\$0.40
Mayonnaise/BBQ/Tomato/ Sweet Chilli Sauce/Hommus or Sour Cream	\$0.20
Salad bowl <b>GF</b>	\$4.50
Add Egg/Ham/Chicken or Tuna	\$1.00

### Bilambil Bento Boxes

<b>Box 1</b> 3 Chicken Nuggets	\$5.00
<b>Box 2</b> 2 Party Pies	\$5.00
<b>Box 3</b> Sandwich Fingers	\$5.00
<b>Box 4</b> 2 Quirky Quiche <b>GF</b>	\$5.00

All Bilambil Bento Boxes come with crackers, fruit and yoghurt **OR** crackers, veg and dip.

Please state your choice on lunch order.

- ❖ Indicates items homemade at canteen
- GF** Gluten free

### HOT LUNCHES

#### Bilambil Burgers

❖ Beef/Chicken/Veg (Carrot, lettuce, tomato, cucumber, beetroot & mayo on wholemeal bun with sweet chilli/tomato or BBQ sauce)	\$5.00
❖ Bilambil Cheese Burger (Homemade beef & veg pattie with melted cheese and choice of sauce on wholemeal bun)	\$4.00

#### Bilambil Toasties

Ham & Cheese / Ham, cheese & tomato / Chicken, cheese & mayo or Cheese	\$4.00
❖ Nachos – (Bean) <b>GF</b> or (Plain) <b>GF</b> or (Beef) with sour cream & salsa, please state choice	
❖ Burritos – (Mexican Beef or Bean with Cheese)	\$5.00
❖ Spaghetti Bolognaise – (with veg sauce) <b>GF</b>	\$5.00
❖ Lasagne – (Beef or Vegan with veg & tomato sauce)	\$5.00
❖ Fried Rice – (Vegan option available)	\$4.00
❖ Quirky Quiches (Vegetarian / Ham & Veg) <b>GF</b>	\$1.20
❖ Sausage Roll (Beef & Veg / Spinach & Cheese)	\$1.20
❖ Pizza Slice- Wholemeal base, hidden Veg Sauce (Ham & Pineapple/BBQ Beef/Vegetarian or Ham)	\$1.50
Potato wedges (with sour cream & sweet chilli, please state choice)	\$4.00
Corn Cob <b>GF</b>	\$0.80
Chicken Nuggets	\$0.90
Party Pie	\$1.20
❖ Garlic Bread (Wholemeal with homemade garlic & garden herb butter)	\$1.00

### FROZEN – not available in lunch orders, only at window during lunch

Quelch Ice Blocks (99% juice) <b>GF</b>	\$0.60
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